

# A unique way to interpret dreams

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Today is the last chance for modern art lovers in Bahrain to participate in a one-of-a-kind art project called 'Dreams' Time Capsule,' by accomplished Italian artist Eva Frapiccini, who arrived on the island to take part in Alwan 338 Foundation's 'Arts Festival.'

Organised annually by Al Riwaq Art Space, the festival offers Bahrain's audience a unique opportunity to explore the best of the current art scene, both in the local and international scene.

The Dreams' Time Capsule project is a pop-up exhibition, where an inflatable structure, or 'time capsule,' that is made to resemble an embryo, is installed in public spaces around the world, available to the visitors free of charge.

"Dreams' Time Capsule is a research and a participatory project, attempting to understand how the archetypes surface in dreams, in connection to different religions, traditions, or geographical areas," Ms. Frapiccini told *DT News*.

"Sleeping is commonly considered as the time for taking a rest from the awake life, but as the psychologist Ignacio Maiore would say, considering the human body and its perfect functions, it would at least, be unusual if this dreaming ability, so repetitive, were only redundant," she added.

In the first stage of the project, the passersby are invited to enter the 'time capsule' and describe their dreams, using a voice recording device.

The global project, which has



A participant inside Dreams' Time Capsule.



Dreams' Time Capsule. Inset: Ms. Frapiccini

accumulated around 800 dream testimonies so far, was launched over two years ago in Turin, during the Artissima Art Fair. Since then, it was relocated to several cities around the world, including Cairo, Stockholm, Bogotá, and Riga, with plans to travel to other venues in Oceania, the last continent to touch.

Once the tour across the world is completed, the collected dreams will be symbolically sealed and reopened in 2016, for each recorded dream to be eventually returned to its legitimate donor.

In addition, the artist, together with the anthropologists and psychologists that she met during her travels, will analyse the collection, to identify the most common dream symbols.

According to Ms. Frapiccini, the Bahraini audience is highly interested in the concept behind her project.

"People eagerly participated during the last six days, entering the capsule and recording their dreams. We already collected over 100 testimonies, from different communities and villages, in Arabic, English, Spanish, French and Hindi," she said.

"I hope my work could bring me back here in the future, because I like the people of this country, where I felt so welcomed. I see a great potential in the local art scene, and in the Bahraini culture in general," she added.

The 'Dreams' Time Capsule' exhibition, will conclude today, and is displayed near Al Riwaq Art Space, Adliya, from 6:00pm to 9:00pm.